

What we've achieved together

Over £350,000 raised and ten consignments shipped so far
With donated medical equipment included, this represents over £1.3 million of aid reaching hospitals and communities across Cuba.

- **February 2025:** €62,000 of supplies flown from Spain including **80,000 blood transfusion and infusion sets**, paediatric catheters and intubation tubes.
 - **March 2025:** 40-foot container delivering **£485,000 of medical aid** including PPE and surgical scrub.
 - **October 2025:** Two 40-foot containers with **operating beds, mobility aids and ultrasound machines** for hospitals across the island.
 - **December 2025:** **23 tonnes of powdered milk** delivered to support children, pregnant women and older people after Hurricane Melissa.
 - **March 2026:** **£330,000 of medical supplies** delivered including bandages, syringes, catheters and tracheostomy sets.
 - **April 2026:** Three containers shipped: **28 tonnes of rice and lentils** from Britain; **26 tonnes of rice** from Brazil; **24 tonnes of black beans** from Argentina; and another 40-foot container of medical aid
- More containers are planned throughout the year.



Help us keep the containers moving.
Donate today and stand with Cuba.



"Donations from the Cuba Vive appeal have arrived at a crucial time as the blockade against our country becomes increasingly severe. Thanks to your solidarity, our hospital has been able to maintain vital services for children during these difficult times. It is an act of love. Thank you very much."

Dr Carolina Herrera Fuentes, Director of Medical Services,
Juan Manuel Márquez Paediatric Hospital

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Supported by:



END THE BLOCKADE ON HEALTH



Send life-saving aid to Cuba





Emergency solidarity

On 29 January 2026, Donald Trump signed a new executive order threatening sanctions on any country supplying oil to Cuba.

- Cutting off fuel means electricity shortages, disrupted food transport and severe pressure on hospitals.
- In response, Cuba Vive launched an Emergency Food Appeal.
- The first three containers of rice, beans and lentils were sent in April.
- Further shipments are already being organised alongside ongoing deliveries of urgently needed medical supplies.
- This builds on seven consignments of medical and hurricane relief aid sent since 2025.

US sanctions are depriving 10 million Cubans of vital medical supplies

Cuba Vive is an appeal to send life-saving medicines, surgical supplies and humanitarian aid to Cuba.

For more than sixty years Cuba has maintained world-renowned public healthcare despite the illegal US blockade. Today those achievements are under serious threat after the escalation of sanctions under President Donald Trump.

Let Cuba live

Doctors and nurses continue treating patients under immense pressure. From sutures and antibiotics to spare parts for medical equipment and basic pain relief, items readily available in the UK are scarce, delayed or priced far beyond reach.

The consequences are real. After leading the region for many years, Cuba's health indicators are beginning to suffer.

Between 2019 and 2026 infant mortality rose from 5 to 9 per 1,000 live births, reflecting mounting shortages of medicines and supplies.



"This represents friendship. It represents people in Britain saying that Cuba is not alone. On behalf of the people and government of Cuba, I want to express our deep gratitude and encourage everyone to support this appeal so that more containers like this can reach the Cuban people."

Ismara Vargas Walter,
Cuban Ambassador to the UK,
visiting the container depot in
February 2026

YOUR DONATION CAN SAVE LIVES IN CUBA

Hospitals across Cuba are facing shortages of essential medicines and equipment because of US sanctions. Your donation helps deliver the supplies doctors urgently need.

Scan to help send the next aid container



or

Send a cheque payable to 'CSC (Cuba Vive)' to:
CSC, 33-37 Moreland Street, London, EC1V 8BB

Donate by phone: 020 7490 5715

For BACS donations contact: office@cuba-solidarity.org.uk

Donate online: www.cubavive.org.uk

What your donation can provide

£25: Eco nebuliser

£50: 1,000 sterile needles

£100: 1,000 syringes

£350: Essential medical supplies kit

£600: 50 paediatric resuscitators with infant masks



Together we can turn solidarity into life-saving support.